



myNurseLineSM

When you have a health concern, it can be difficult and time-consuming to find the information you need. myNurseLine can help you make informed health care decisions with telephone and **online access** to experienced registered nurses.

Your health advocate

One toll-free number connects you with a registered nurse who will take the time to understand what is going on with your health and provide personalized information just for you. And this is all available **24 hours a day, seven days a week**, at no additional cost to you as part of your benefits.

myNurseLine also gives you access to an audio health information library. Choose from more than 1,100 health and well-being topics, with 600 messages available in Spanish. Services are available to translate 140 languages and for callers with hearing impairments.

Experience you can rely on

myNurseLine nurses have an average of 15 years clinical nursing experience. They are an excellent resource when you need help choosing care, managing a chronic condition, understanding treatment options and more.

Your one-stop source

Whether you have a baby with a 102 temperature at midnight or need help managing your diabetes, myNurseLine is the one source to help you with the answers you need.

Not sure if you need a doctor, urgent care clinic or just some good health advice? One call to myNurseLine may help you get information about the care and services you need. So, think of myNurseLine as your one-stop resource to help you make informed health care decisions every day.

To talk with a myNurseLine nurse, call the Customer Care number on the back of your health plan ID card, or visit **myuhc.com**[®].



My health, my questions,
myNurseLine.

myNurseLine is here to help you:

- ▶ Chat with a nurse live on **myuhc.com**
- ▶ Understand your symptoms
- ▶ Decide where to go for care
- ▶ Learn more about a diagnosis
- ▶ Explore treatment options
- ▶ Understand medications
- ▶ Find a doctor, hospital, or specialist and check if a doctor is in your network and is accepting new patients.



The myNurseLineSM, Care Coordination Nurse, and Cancer Nurse Advocate services are for informational purposes only, and should not be used for emergency or urgent care situations. In an emergency, call 911 or go to the nearest emergency room. Nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. These services are not an insurance program and may be discontinued at any time. They are included as part of your health plan.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.
100-3501 2/13 Consumer © 2013 United HealthCare Services, Inc.